

Activities July 2026

To contact us:
wprovencher@jhparkers.net
418-681-4687, ext. 11709



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
The schedule is subject to change due to unplanned circumstances. Flowers will be distributed on each floor every week, courtesy of Bardou Fleuriste. The floor staff sometimes organize activities on their floors so keep an eye out!			1 10:30: Protestant service 1:30: Calendar distribution 1 st , 2 nd , 3 rd , 4 th	2 10:30: Manicures 1 st , 2 nd , 3 rd , 4 th 1:30: Bingo in the Kildare	3 10:30: Ice tea distribution on floors 1 st , 2 nd , 3 rd , 4 th 1:30: Walking club Travelling Bees	4 10:00: On wheel market 1 st , 2 nd , 3 rd , 4 th 1:30: Sandbags 3 rd			
			5 9h30: Zootherapy on 2 nd & 4 th	6 10:00: Reading club 2 nd 1:30: Music with Mathis & Murdock	7 10:30: Cooking club 1:30: Tea party in the Kildare	8 10:30: Protestant service 10h30: Stay Sharp 12h00: Lunch squad 2:00: Mass in the Kildare	9 10:30 to 3h00: Plant sale in the Kildare 4:00: Jukebox on 3 rd	10 9h30: Zootherapy on 1 st & 3 rd 10:00: Parents & Petits in the garden 1:30: Soundbeam	11 10:00: On wheel market 1 st , 2 nd , 3 rd , 4 th 1:30: Walking club
			12 9h30: Zootherapy on 2 nd & 4 th	13 1:30: Music with Mathis & Murdock	14 10:30: Newsletter distribution 2 nd , 3 rd , 4 th 1:30: Music with Duo Jardane Labrie	15 7h30: Special breakfast 4 th & 1 st 10:30: Protestant service 1h30: Stay Sharp 1 st , 2 nd , 3 rd , 4 th	16 10:30: Manicures 1 st , 2 nd , 3 rd , 4 th 1:30: Bingo in the Kildare	17 9h30: Zootherapy on 1 st & 3 rd 1:30: Walking club Travelling Bees	18 10:00: On wheel market 1 st , 2 nd , 3 rd , 4 th 1:30: Axe game 2 nd
			19 2:30: Drink distribution 1 st , 2 nd , 3 rd , 4 th	20 10:30: Manicures 1 st , 2 nd , 3 rd , 4 th 1:30: Music with Mathis & Murdock	21 1h30: Musicotherapy 1:30: Music with Marcelle & Jude	22 10:30: Protestant service 10h30: Stay Sharp 2:00: Mass in the Kildare	23 10:30: Arts in the Kildare 1:30: Outing to Bois-de-Coulonge 4:00: Jukebox on 2 nd	24 10:30: Sale at the Bistro 1:30: Soundbeam in the Kildare	25 10:00: On wheel market 1 st , 2 nd , 3 rd , 4 th 1:30: Walking club
			26	27 1:30: Music with Mathis & Murdock	28 1h30: Musicotherapy 1:30: Music with Cocktail Crooners	29 7h30: Special breakfast 2 nd 10:30: Protestant service 12h00: Lunch squad 1h30: Stay Sharp 1 st , 2 nd , 3 rd , 4 th	30 10:30: Arts in the Kildare 1:30: Bingo in the Kildare	31 1:30: Walking club Travelling Bees	
Pictures Exhibit in the Kildare									