


# Activities June 2026

To contact us:  
 wprovencher@jhparkers.net  
 418-681-4687, ext. 11709



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
31 <b>1:30: Calendar distribution</b> 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup>	1 <b>10:00: Reading club</b> on 3 <sup>rd</sup> <b>1:30: Music</b> with Mathis & Murdock <b>1:30: Flute concert</b> in the Kildare	2 <b>10:30: Arts</b> in the Kildare <b>1:30: Music</b> with M. Clouet	3 <b>7:30: Special breakfast</b> 2 <sup>nd</sup> <b>10:30: Protestant service</b> <b>1:30: Friendly visits</b> and garden outings	4 <b>10:30: Gardening</b> on GF <b>1:30: Bingo</b> in the Kildare	5 <b>9:30: Zootherapy</b> 3 <sup>rd</sup> , 4 <sup>th</sup> <b>1:30: Drink distribution</b> 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup>	6 <b>10:00: On-wheel market</b> 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> <b>1:30: Partnership with Youth center</b> (Quartier jeunesse)	
7 <b>9:30: Zootherapy</b> 1 <sup>st</sup> , 2 <sup>nd</sup>	8 <b>10:00: Reading club</b> on 2 <sup>nd</sup> <b>1:30: Music</b> with Mathis & Murdock	9 <b>10:30: Fitness</b> on 3 <sup>rd</sup> <b>1:30: Musicotherapy</b> <b>1:30: Birthday tea</b> in the Kildare	10 <b>10:30: Protestant service</b> <b>10:30: Stay Sharp</b> <b>11:30: Recognition event</b> <b>1:30: Residents' Committee</b> <b>2:00: Mass</b> in the Kildare	11 <b>10:30: Cooking club</b> on GF <b>1:30: Bingo</b> in the Kildare	12 <b>10:00: Parents &amp; Petits and Good treatment event</b> in the garden <b>1:30: Soundbeam</b> in the Kildare	13 <b>10:00: On-wheel market</b> 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> <b>1:30: Walking club</b>	
14 <b>2:30: Drink distribution</b> 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup>	15 <b>1:30: Music</b> with Mathis & Murdock <b>1:30: Reading</b> on 3 <sup>rd</sup> <b>6:00: Sortie au Palais Montcalm</b>	16 <b>10:30: Manicules</b> 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> <b>1:30: Music</b> <b>3:45: Caregivers group</b> (FR)	17 <b>7:30: Special breakfast</b> 3 <sup>rd</sup> <b>10:30: Protestant service</b> <b>10:30: Cognitive program Stay Sharp</b> 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup>	18 <b>10:30: Gardening</b> au RDC <b>1:30: Bingo</b> in the Kildare	19 <b>9:30: Zootherapy</b> 3 <sup>rd</sup> , 4 <sup>th</sup> <b>1:30: Soundbeam</b> in the Kildare	20 <b>10:00: On-wheel market</b> 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> <b>1:30: Axe game</b> 3 <sup>rd</sup>	
21 <b>9:30: Zoothe.</b> <b>1:30: Vintage carshow for Father's day</b>	22 <b>10:00: Reading club</b> on 2 <sup>nd</sup> <b>1:30: Music</b> with Mathis & Murdock	23 <b>1:30: Musicotherapy</b> <b>1:30: Quiz</b> <b>6:30: Campfire</b> with Cocktail Crooners	24 <b>10:30: Protestant service</b>	25 <b>10:30: Manicules</b> 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> <b>1:30: Bingo</b> in the Kildare <b>3:45: Caregivers group</b> (ENG)	26 <b>10:00: Coffee time and sale</b> in the Bistro <b>1:30: Soundbeam</b> in the Kildare 	27 <b>10:00: On-wheel market</b> 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> <b>1:30: Walking club</b>	
28 <b>2:30: Drink distribution</b> 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup>	29 <b>10:00: Reading</b> on 3 <sup>rd</sup> <b>1:30: Music</b> with Mathis & Murdock	30 <b>1:30: Quiz</b> <b>6:30: Campfire</b> with Lake Brothers	<div style="border: 2px solid black; padding: 10px; background-color: #fff9c4;"> <p>The schedule is subject to change due to unplanned circumstances.            Flowers will be distributed on each floor every week, courtesy of Bardou Fleuriste.            The floor staff sometimes organize impromptu activities on their floors, so keep an eye out!</p> </div>				