



Partenaires
communautaires

Jeffery Hale
Community Partners

Une communauté de soins
A Community of Care



Impact Report

2024-2025



Annual Impact Report

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Jeffery Hale Community Partners (JH Partners) is a community-based charitable organization whose mission is to better the health and wellness of the English-speaking community of the Greater Québec City region, including Portneuf and Charlevoix, with a focus on those most at risk.

A message from Jean Robert, President



On behalf of the Board of Directors, I am pleased to report that 2024-'25 was another successful year for Jeffery Hale Community Partners. As you'll discover in these pages, both our service offerings and financial position remain strong.

This year marks a major milestone in our 34-year history: JH Partners has purchased its first property, the Mary Gillespie House in Sainte-Foy. Over the next year, this historic building will be renovated to evolve into a dynamic space designed to serve and connect the community.

We extend our heartfelt thanks to the Community Spaces Fund of Canadian Heritage, the Citadel Foundation

and The Jeffery Hale Foundation for their generous support of this exciting project.

We were proud to support three of our member organizations—Citadel Foundation, The Jeffery Hale Foundation and Saint Brigid's Home Foundation—as they recently united to form The Quebec City English-speaking Community Foundation.

JH Partners continues to be guided by four dedicated member organizations and a committed Board of eight members, each of whom brings their passion and insight to

our mission. At every meeting, we receive details about our service delivery and financial health, allowing us to stay informed and responsive.

We remain acutely aware of our community's growing and diversifying needs. JH Partners embraces its role as a catalyst, seeking innovative solutions to meet these evolving challenges.

Thank you to everyone who supports our work. We look forward to another year of growth and meaningful impact.



Funding announcement event held at the Mary Gillespie House on February 3, 2025.



A note from Richard Walling, Executive Director

Over the past year, JH Partners has grown stronger, broader and more connected than ever. As you'll see in this report, we're

reaching more people across our community through an expanding range of diverse programs and activities for all ages.

This progress is only possible thanks to our passionate team of volunteers and staff, as well as the ongoing support of our funders—each one helping us bring our tagline, a *“Community of Care,”* to life. Guided by our core values of human connection, integrity, inclusion and caring, we now

offer services at five sites across the region—with a sixth location launching in the year ahead.

Our impact is amplified through close collaboration with our public-sector partner, Jeffery Hale – Saint Brigid’s and a wide network of allies in both the public and community spheres. Notably, our partnerships with VEQ and the CQSB ensure our services complement and strengthen one another.

Looking ahead to 2025–26, we’re energized by the opportunities to grow, adapt and continue meeting the evolving needs of the English-speaking community—contributing to its vibrancy and resilience well into the future.

A handwritten signature in blue ink, appearing to read 'Richard Walling'.

Our Mary Gillespie House in Sainte-Foy: A new chapter begins

A special note from our Community Development & Vitality sector

On January 10, 2025, Jeffery Hale Community Partners proudly acquired the Mary-Gillespie House, a major milestone in our community expansion journey. This vibrant space will undergo renovations starting this summer, with completion set for March 31, 2026. Stay tuned as we bring this vision to life!

Since January, the Renovation Coordination Committee has been diligently working behind the scenes, holding strategy meetings to map out the transformation. This powerhouse team—comprised of engineering experts, consultants and key JH Partners’ staff—is collaborating closely to bring this vision to life.

Meanwhile, the newly launched Mary-Gillespie House Operations Committee is focused on defining priorities, setting space guidelines and identifying key clients and community partners. Their leadership will be instrumental in shaping the

house into a welcoming, inclusive hub that serves our linguistic community with care and purpose.

At its core, this project is about fostering connection and belonging. We’re creating a space where people can come together, build relationships and strengthen our community.



Our Mary Gillespie House on Avenue Moreau in Sainte-Foy.

Community Development & Vitality

Through this area of focus, we have continued to have a positive impact on some of the most vulnerable members of our community.

This past year, we supervised the 29th annual Christmas Hamper Campaign, helped to manage McGreevy Manor (in collaboration with *Action Habitation*), and secured additional funding to further improve and develop our Special Needs program.

SNACS - Special Needs Activities and Community Services

Activities for children, teens and young adults with special needs to help develop social and life skills, while providing respite for parents at the same time.

RISE Program

Creative and specialized activities to help participants with special needs to develop life and social skills, as well as autonomy and employability skills.

- Provided services 5 days a week to 7 families of adults with special needs.
- Implemented work plateau projects for our participants to give back to the community (with 7 different partners: McGreevy Manor, Saint Brigid's Home, VEQ, Quebec High School, Family Matters Program, Well 50+ Program and WE Volunteer Program).
- Every 2 months (6x / year), prepared and assembled 240 newsletters for VEQ members.
- Prepared handouts and other supplies for Fall Fest.
- Put together and sold 200 jars of cookie mix to fundraise for the Christmas Hamper Campaign.
- Helped in the setup and sorting of the books donated to SNACS Entrepreneurs' Fall '24 Book Fair and baked and sold snacks at that event.
- Collaborated with *Urbainculteurs* in the annual community gardening project.



The RISE Program: Sparking joy and unlocking potential.

- Cleaned toys after each Family Matters' Parents and Petits activity (3x/month, October to May).
- Cleaned the bingo equipment at Saint Brigid's every week over the Fall and Winter of 2024-2025.
- Baked healthy snacks for over 30 get-togethers of our Well 50+ Brain Power Drop-in.
- Crafted desserts for WE Volunteers to give out at the annual appreciation event.
- Received, washed and sorted clothing donations for a clothing bank project. The clothing bank is a work plateau that created learning opportunities for 6 QHS and St. Patrick's School students and served 15 low-income families in our community.
- Baked snacks / desserts for 12 various meetings and social events at McGreevy Manor.
- Baked lasagnas and cookies for each McGreevy Manor tenant (42) as a Christmas gift.
- RISE baked and sold snacks to McGreevy tenants once a month, which was well-appreciated among tenants and raised about \$100/month for RISE.
- Implemented a weekly mail delivery and recycling bin emptying service by a RISE participant for the employees on the 2nd floor of the Wellness Centre.

Children's Respite

- Offered 39 times to 15 families for a total of over...

Community Development & Vitality - continued

230 participants over the year.

- Engaged 10 volunteers and buddies from QHS and St. Patrick's High School and the community for a total of 405 hours of volunteerism.

Dinner with the Gang and Bowling Respite

- Offered to 15 families for a total of over 150 participants.
- Went on 8 bowling outings, each being preceded with a supper at QHS.

After-school Program

- Held multiple fun games and activities each day.
- Provided countless snacks to participants.
- Employed 5 part-time staff members.
- Helped 12 full-time participants who used the services 180 days over the year.

Community Christmas Hamper Campaign

- United 17 community groups on the organizing committee of this 29th Campaign to *Help Deliver Some Goodness* to approximately 280 households in need, representing 1000 individuals.
- Collaborated with another 17 community organizations in the campaign, particularly in fundraising efforts.
- Filled over 600 boxes with both fresh and non-perishable food.



Coming together once again to make a difference.



Providing respite through supper and bowling evenings.

Social Club

- Organized Social Club get-togethers on 25 occasions.
- Enabled a total of 100 young adults on the Autism Spectrum to develop and maintain meaningful relationships, from friendship to romance.



- With over 200 volunteers, we filled 144 volunteer shifts, logging 474 hours—an 18% increase from last year.
- Benefited from the generosity of over 200 individual donors and 6 corporate sponsors, as well as 12 fundraising events.

Health and Social Services Community Network Bursary

In collaboration with McGill University, JH Partners awarded a bursary to a student pursuing full-time studies in the area of health and social services.

After completing their studies at local institution, we hope they will stay in our region afterward.

Community Development & Vitality - continued



Providing safe and inclusive spaces for those most in need.

Representation, partnership development and political affairs

Pie XII Adapted Housing Project

In a landmark collaboration, we're working with the *Association pour l'intégration sociale de la région de Québec (AISQ)* to provide subsidized housing for English-speaking individuals with developmental disabilities and other vulnerable members of our community.

- Of the 96 apartments that the *AISQ* is developing, 12 to 14 units are exclusively designated for Jeffery Hale Community Partners, ensuring a safe and inclusive living space for those who need it most.
- Additionally, the *AISQ* has secured 30 PSL units to assist individuals with intellectual disabilities, related conditions and autism. PSL means they will be subsidized under rent supplement programs.
- Since the start of the year, we've held over 20 meetings with the *AISQ*, spearheading the vetting process and identifying future residents.
- Already, six members of our community have been approved, marking the first step toward creating a thriving, supportive environment for all.
- Construction kicked off in the spring of 2025, with the official opening set for fall, 2025.
- This project is more than just housing—it's about empowerment, inclusion and building a stronger future together.

Francization

In compliance with regulations for organizations with 25 or more employees, we undertook a comprehensive review of our organizational procedures.

- This assessment led to several key actions, including staff presentations on managerial communication responsibilities and the creation of a JH Partners' Francization Committee.
- We officially registered with the OQLF on October 31st and completed the linguistic analysis form in March 2025.

Networking and Partnership Initiative

We have continued to lead the Networking and Partnership Initiative (NPI), an initiative that is all about promoting services and access to services at various events throughout the year.

NPI also enhances our capacity to advocate effectively with key decision makers for the benefit of the entire community. It strengthens our ability to support all of our client groups—including isolated seniors, individuals with special needs, young families, caregivers and volunteers.



VEQ's Fall Fest is an ideal occasion to present our services.

Wellness Programs

Our Community of Care comes to life through the Wellness Centre at Jeffery Hale and Wellness Activities at Saint Brigid's and at McGreevy Manor.

Thanks to strong volunteer engagement and dynamic partnerships with both the non-profit and public sectors, Wellness Programs help reduce social isolation and support vulnerable members of our community.



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Musical Munchkins was one of 3 new popular activities.

Family Matters

Informing and supporting families, while helping parents and their children of all ages maintain their health and well-being even in challenging situations. Activities take place either in person or online.

- Offered 68 Family Matters activities bringing English-speaking parents together and helping them stay in touch with other families in similar situations. That is 20 more activities than the previous year.
- Welcomed overall 624 parents and 578 children, and 228 dads to our various events to make a total of 1202 participants.
- Started 3 new successful activities which attracted 27 new parents into our services this past year: Triple P Positive Parenting, Kanga Gym and Musical Munchkins .
- Got certified and offered three Triple P Positive Parenting seminars to parents helping 34 parents.
- Together with Jeffery Hale Community Services, offered three prenatal class series (27 hours total), supporting 71 expecting parents—an increase of 16 from the year before.

- Distributed 94 Baby Book Bags—nearly double the previous year's total—to 188 parents of 94 newborns, fostering strong parent-child bonds and promoting a love of reading from the start.

WE Dads

- Supporting fathers and father figures in our community by organizing inclusive activities and providing information about resources.
- Hosted 7 activities for fathers and their children with a total of 84 participants.
- A total of 204 support interventions were conducted through phone calls, SMS, and Messenger, amounting to 71 hours of dedicated individual assistance.
- Through 39 basketball games, totaling 115 hours of play, we've built strong connections, uniting 62 dedicated men in the spirit of teamwork and passion for the game leading to the creation of a new Men's health programming for the upcoming year.



Our Triple P Positive Parenting sessions were a big success.

Wellness Programs - continued

Young & Empowered

We were pleased to launch this important new program in March of 2025. It aims to empower young English-speaking adults aged 15-30 to get involved in their community, engage with their peers, find support and access resources.

- Launched the Wellness Ambassadors initiative, establishing our youth committee to empower young leaders in our community. Seven outstanding youth were selected to mental health awareness among their peers.
- Created a new website platform, providing youth with a space to share perspectives on life as English-speaking Quebecers.
- Established partnerships with 23 community organizations, representing both English- and French-speaking groups, to strengthen collaboration in youth support.
- Of these, 13 French-speaking organizations completed a self-assessment questionnaire to evaluate the accessibility of their services for English-speaking youth.
- Joined forces with Y4Y Quebec to deliver *Youth on Boards*, a two-day governance training that equipped seven young participants from our region with essential knowledge of non-profit leadership.
- Led 14 youth-focused activities and 2 events in collaboration with three high schools and one CEGEP, engaging over 300 youth.



Informing and empowering young leaders in our community.



Activities to promote wellness in both mind and body.

WE Mind Mental Health

Dedicated to the positive mental well-being of English-speakers in the Québec City region, while helping them to support those around them.

- A total of 165 participants engaged in a dynamic calendar of 15 community-led activities, embracing wellness and movement through 16 revitalizing Yoga sessions, 18 energizing Pilates sessions and 2 refreshing Wellness Walks, fostering health, connection and vitality throughout the year.
- Strengthening our network of mental health advocates with 86 Pathfinders, which 9 of them specialized in the Aging in Seniors training module, addressing the unique needs of older adults.
- 16 hours of Art therapy helped 27 community members enhance their emotional well-being.
- Information about services for mental health support to 8 community members—a testament to increasing awareness and trust.

Wellness Programs - continued



Helping caregivers to feel seen, supported and less alone.

Caregivers' Circle

Supporting English-speaking caregivers in the region in meaningful ways, such as finding resources and taking some well-deserved time for themselves.

- Connected with 78 individual caregivers, offering them a lifeline through conferences, support groups and our personalized Caregiver Concierge Service.
- Provided 124 hours of direct support—54 hours one-on-one and 70 hours in group settings—helping caregivers feel seen, supported and less alone.
- Through 22 Caring Chapters book club meetings, offered 33 hours of peer-led support, empowering caregivers through community and conversation.
- Honoured the lives and legacies of residents of Saint Brigid's who passed away during the year, with 17 family members taking part in our Ceremony of the Deceased sharing group.
- Sent 50 heartfelt condolence letters to bereaved families of residents at Saint Brigid's Home.
- Hosted 8 dedicated support groups at McGreevy Manor, creating a safe space for caregivers to share, reflect and recharge.

Well 50+

Promoting health and wellness among English-speaking adults 50+ in the community.

- Offered 21 Brain Power drop-in sessions to enrich cognitive health and boost social connection among 17 older adults.
- Gave 30 Chair Yoga classes, enhancing mobility,

balance, confidence and overall physical health.

- During 7 Wellness Cafés, expert guest speakers informed and educated older adults on topics like nutrition, heart health, hearing and end-of-life care.
- Reached 385 subscribers through our monthly Well 50+ & Caregivers' Circle e-newsletters, consistently delivering trusted health information, support and resources and fostering connection.

Wellness Activities at Saint Brigid's

Providing culturally and socially enriching adapted activities at Saint Brigid's, enabling residents and their caregivers stay connected to the community.

- Engaged residents in 6,882 hours of activities this year, including friendly visits, garden outings, bee clubs and cooking classes.
- Drew 1591 audience members to the music shows, which were the year's most popular activities.
- Brought residents together through 44 community life activities, special distributions and themed events—such as the Father's Day Antique Car Show and St. Patrick's Day celebrations—drawing a total of 1358 participants.
- Facilitated close to 68 hours of spiritual gatherings, Mass and other faith-based activities that gathered 721 attendees.
- Hosted 39 bingo events for 890 participants, including residents and their loved ones.
- Volunteers and summer students gave 343 hours of friendly visits, creating 808 moments of connection and companionship with residents.



The Bee Club and garden outings continued to be popular.



Fostering meaningful social connection and well-being.

Wellness Activities at McGreevy Manor

Committed to enriching lives at McGreevy Manor, we foster meaningful experiences, social connection, and well-being through dynamic programs.

Engagement thrives through the Social Committee, the Community Christmas Hamper Campaign, and intergenerational activities with Cegep Champlain-St. Lawrence and the RISE program.

- Held 86 engaging events and activities that brought tenants together, fostering a vibrant and supportive atmosphere.
- Empowered tenants to take the lead in facilitating monthly Poetry groups and co-founding the Thespian acting group, fostering creativity, self-expression and engagement.
- Provided 93 hours of one-on-one support, providing listening, referrals to community services and volunteer transportation, ensuring every tenant feels heard and supported.
- Powered through 61 physical activity sessions, including a weekly exercise program helping tenants maintain cardiovascular health, muscular strength, balance, flexibility and coordination.

WE Volunteer

As always, it is thanks to our dedicated team of volunteers that so many Wellness activities were made possible. WE Volunteers generously give their time to work at Saint Brigid's Home, at the Wellness Centre and with the Community Christmas Hamper Campaign (see page 5 for more about the Campaign).

- Counted on 366 individual volunteers in our Community of Care, 27 of whom volunteered in more than one of the 3 organizations for 5100 hours in total which represents a 14% increase.
- 123 volunteers enhanced their impact through 285 hours of training, including 100 hours of orientation for 56 new recruits.
- Worked with 20 health professionals to help fulfill the needs of vulnerable clientele.
- Collaborated with CÉGEP Champlain St Lawrence, introducing 22 students of the new class Getting Involved to volunteer opportunities and projects.



Annual volunteer training at Saint Brigid's, often held on or close to Saint Brigid's Day

WE Volunteers at the Wellness Centre

- Relied upon 108 volunteers who gave 2500 hours to serve the community.
- Recruited and trained 10 new volunteers who are now assisting seniors from our community who are living in their own homes.

- Supported vulnerable seniors in their own homes thanks to 23 volunteers who dedicated 736 hours to doing so, a 7% increase from last year.
- Checked in with seniors at home through a whopping 167 hours of telephone calls made by 3 steadfast volunteers.
- Received 192 requests for transport to medical...

WE Volunteer - continued

- appointments, representing an increase of 47%.
- Fulfilled 117 transport requests to medical appointments for 34 vulnerable seniors, representing an increase in the number of clients assisted of 17%.
 - 15 volunteer drivers gave 290 hours, driving and accompanying vulnerable community members to 117 medical appointments. Driving just over 3100 kms (up 29%). That is like driving from Québec City to Regina, Saskatchewan.
 - Assisted the Day Centre staff through 482 hours of volunteer time provided by 16 volunteers.
 - The Jog Your Mind workshop group took off this year, thanks to two remarkable volunteers who devoted 72 hours to fostering mental wellness.
 - A new volunteer stepped up to lead the Men's Health Basketball Meetup, contributing an amazing 115 hours.

WE Volunteers at Saint Brigid's

- Dedicated 1,780 hours to improving the well-being of the residents of Saint Brigid's Home, thanks to 84 active volunteers.
- Provided 276 hours of friendly visits, with 24 dedicated volunteers making 162 visits to enhance residents' quality of life.

- Introduced new volunteer opportunities, assisting residents during 113 hours of mealtime support and cleaning 110 wheelchairs.
- Delivered 289 hours of cognitive activities, including Bingo and Stay Sharp.
- Allocated over 720 hours to arts and culture activities, enriching residents' creative expression.

Support to local organizations

JH Partners provides human resources support to the following non-profit organizations in our community: The Holland Community Housing Corporation, which operates McGreevy Manor; SNACS Entrepreneurs, which runs an annual Book Fair to raise money to help special needs youth; and Saint Brigid's Guild, which raises funds primarily to support the residents of the Home. A special thanks to these associations for helping to improve the lives of so many members of our community.



We actively help SNACS Entrepreneurs run the Book Fair.

Thanks to our member organizations and key partners

Special thanks to our four member organizations for their ongoing support and invaluable contributions:

- Jeffery Hale – Saint Brigid's Hospital Corporation
- The Church Society of the Diocese of Québec
- The Congregation of the Catholics of Québec Speaking the English Language
- The Quebec City English-speaking Community Foundation



Thanks also to our close collaborators, Jeffery Hale – Saint Brigid's, the Central Quebec School Board and Voice of English-speaking Québec. The English-speaking community of the Greater Québec City region is fortunate to have such engaged and united players in improving the quality of life and the health and well-being of its members.

Financial structure and position

Jeffery Hale Community Partners receives funding from its 4 member organizations, Federal and Provincial government programs, Foundations, as well as individual donors. Below are the revenues and expenditures for the year ending March 31, 2025.

Core funding from our members	\$674,500
Funding and income from grants, activities and investment interest	\$1,649,462
Total revenues for the year	\$2,323,962
Total expenses for the year	\$2,464,639
Revenues less expenses	(\$140,677)
Gains from selling investments and changes in their value	\$146,033
Total excess of revenues over expenses	\$5,356

Thank you to our funders



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2000-1270 chemin Sainte-Foy
Québec QC G1S 2M4

418-684-5333, 11835
info@jhpartners.net
jhpartners.net | wejh.ca